



# Florida West F.C.

## Player Roles



## GOALKEEPER #1

- receiving the ball using both feet and different surfaces.
- ability to pass accurately over short to medium distances using the instep.
- Displays good handling ability (catching crosses and shots).
- Displays good shot stopping ability (high and low saves).

### TEAM IN POSSESSION

- Makes quick decisions when in possession of the ball.
- Is comfortable in possession of the ball (with feet).
- Is always available as a passing option when their team has the ball.
- Moves forward in the penalty box when the ball moves forward.

### TEAM NOT IN POSSESSION

- Is always well positioned in relation to the ball, team mates and opposition.
- Communicates effectively with the team - defense in particular.
- Commands the penalty area.
- Has a strong desire to prevent conceding goals.
- Has good reaction.
- Power – jumping / diving / ability to stop the ball.





## CENTRAL DEFENDERS #4 and #5

- technical ability with both feet.
- ability to pass accurately over short to medium distances.

### TEAM IN POSSESSION

- able to make decisions when in possession of the ball.
- Is confident when in possession of the ball.
- Is always available as a passing option when their team has the ball.

### TEAM NOT IN POSSESSION

- Decision making in 1v1 defending situations - apply pressure to the ball or drop and delay the attack.
- Organizes the team in relation to the ball and opponents.
- Communicates effectively with the team – is clear, concise and commanding but respectful.
- Remains focused even when not directly involved in the play.
- Is disciplined and responsible.
- Has a 'never give up' mentality.







## OUTSIDE DEFENDERS #2 & #3

- Excellent first touch control and dribbling skills.
- Excellent passing technique over short and medium distances.
- Excellent crosser of the ball – particularly when in motion.
- Ability to execute at speed.

### TEAM IN POSSESSION

- Looks to join the attack to provide an overload in wide area.
- Timing of runs.
- Providing balance when the point of attack is changed.
- Always in a position to receive the ball during build up.
- Pass selection – penetrate / retain possession.

### TEAM NOT IN POSSESSION

- Recovery / positional interchange in transition.
- Effective communication with team mates. Understands offside coordination of the back line.
- Excellent 1v1 defender.
- Disciplined and responsible.
- Always in an attitude to receive the ball.
- Willingness to work hard for the team in attack and defense.
- Enjoys the attacking element to the game.
- Relishes the defensive challenge.
- Speed over short, medium and long distances.
- Endurance – ability to play at maximum velocity for the length of a game.
- Power in pass / cross from wide areas.
- Power in movement – explosive in changes of direction.



## CENTRAL MIDFIELDERS #6, #8 AND #10

- technical ability with both feet.
- ability to pass accurately over short to medium distances.
- Is reading the game well
- Ability to support from behind and in front of play
- Understands angles of support
- Able to dictate the tempo of play

### TEAM IN POSSESSION

- quick decisions when in possession of the ball.
- confident when in possession of the ball
- always available as a passing option
- Looking for penetration
- right balance between possession and penetration in their spacing and support angles

### TEAM NOT IN POSSESSION

- Decision making in 1v1 defending situations
  - Urgency to regain possession of the ball as fast as possible
- Maintaining correct team shape
  - staggered positions
- Creating pressure pockets
- Closing down passing lanes and make play predictable
- Organizes the team in relation to the ball and opponents
- Remains focused even when not directly involved in the play
- Is disciplined and responsible







## WIDE PLAYERS #7 & #11

- Can dribble / run with the ball at speed.
- good first touch.
- understand finishing compared to shooting.
- Is developing an understanding of crosses
  - Driven cross – low and aimed at the near post.
  - Central cross – aimed at the penalty spot.

### TEAM IN POSSESSION

- Is always available as a passing option when the team has the ball.
- Timing of runs to meet crosses (far post run).

### TEAM NOT IN POSSESSION

- Works hard to recover and regain team shape when the ball is lost.
- Understands angles of approach when applying pressure to the opposition defense.
- Understand the role of tucking in as weak side defender.
- Is disciplined and responsible (hard working in attack and defense).
- Patience – is willing to make attacking runs but understands they may not receive a pass every time.
- Loves the attacking side of the game - relishes 1v1 duels.
- Takes pride in creating scoring opportunities from passes and crosses.
- Possesses good speed over short and medium distances.
- Agility - is able to make frequent and explosive changes of direction.



## FORWARD #9

- Can dribble / run with the ball at speed.
- good first touch.
- understand finishing compared to shooting.
- understanding of crosses
  - Driven cross – low and aimed at the near post.
  - Central cross – aimed at the penalty spot.

### TEAM IN POSSESSION

- Is always available as a passing option when the team has the ball.
- Timing of runs to meet crosses (far post run).

### TEAM NOT IN POSSESSION

- Works hard to recover and regain team shape when the ball is lost.
- Understands angles of approach when applying pressure to the opposition defense.
- Is disciplined and responsible (hard working in attack and defense).
- Patience – is willing to make attacking runs but understands they may not receive a pass every time.
- Loves the attacking side of the game - relishes 1v1 duels.
- Takes pride in creating scoring opportunities from passes and crosses.
- Possesses good speed over short and medium distances.
- Agility - is able to make frequent and explosive changes of direction.

